



*Jan-March 2025*





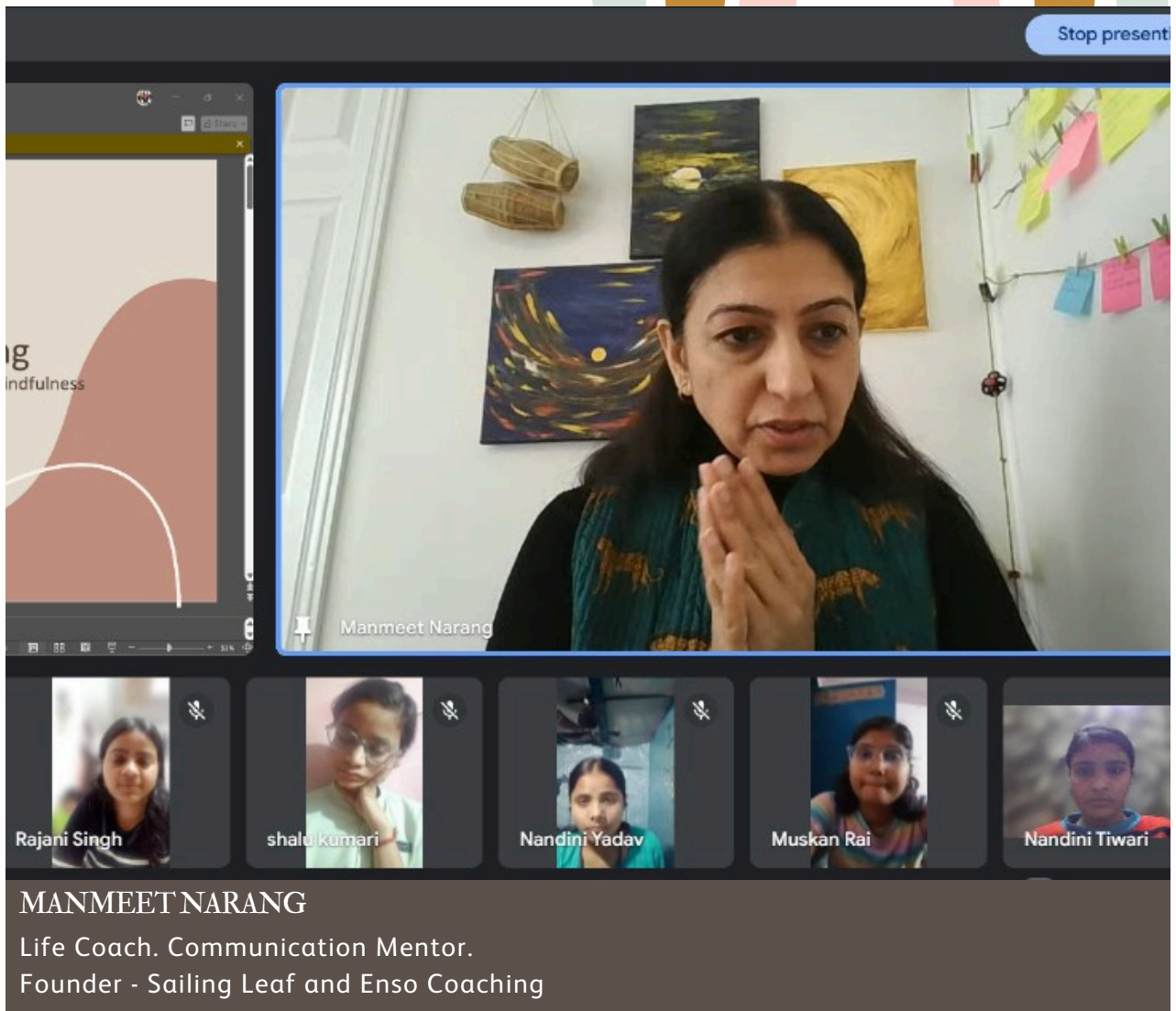
# BEYOND THE SCREEN



New Beginnings, Bright Futures!  
On January 5th, Maitri organized a meet filled with encouragement and guidance. MBA students from FIIB (Fortune Institute of International Business, Delhi) interacted with our girls' and shared their own journeys. We conducted engaging group discussions revolving around New Year's resolutions, short and long-term goals, personal development and taking care of exam especially Boards anxiety with confidence.

# WORKSHOP SPOTLIGHT

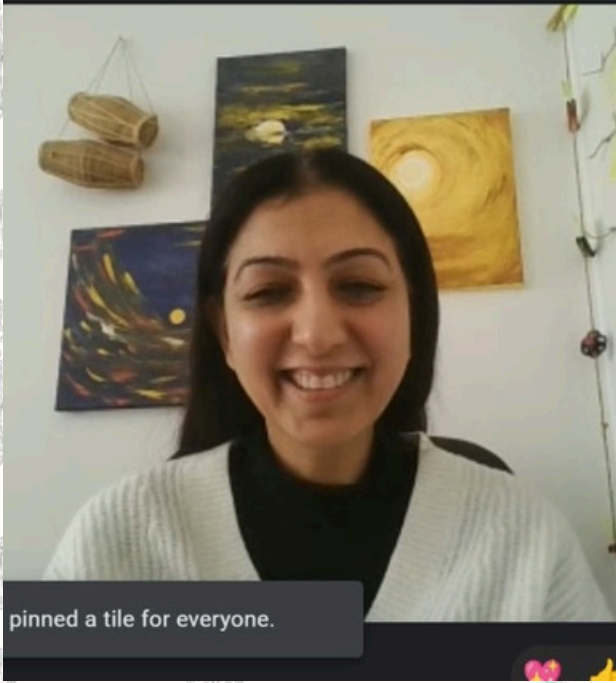
WRITE WAY TO EXCEL



## A WORKSHOP FOR THE YOUTH TO ENHANCE ACADEMIC PERFORMANCE

Workshops at Maitri are like gentle mirrors—helping girls see themselves more clearly, with kindness and strength.

The workshop, "**Write Way to Excel**" with Ms Manmeet Narang was truly heartwarming. It gave our girls a safe space to open up, reflect, connect with themselves, explore their emotions, reduce anxiety, and begin a journey of self-love and acceptance.



### Transform your relationship with your body

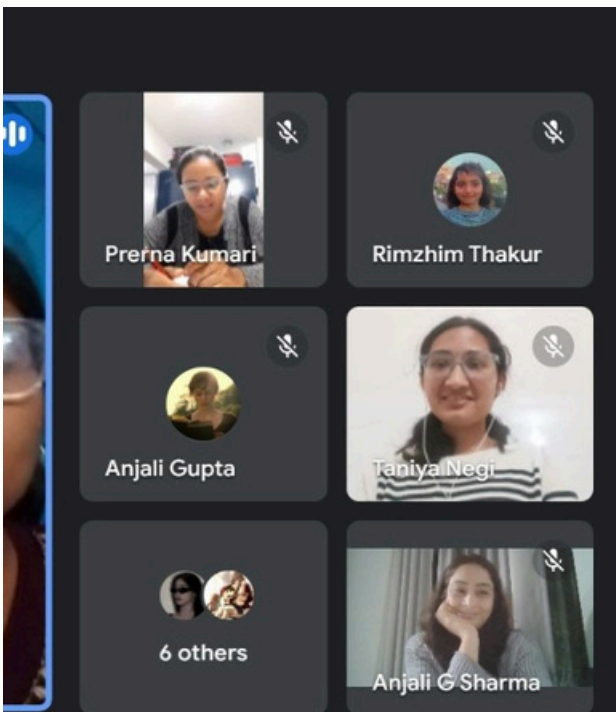
Often the body we live in is the body we don't love. Through meditative exercises and expressive writing, explore your relationship with your body and its parts. With expanded awareness, open a new door to meet and embrace your body fully, with love, joy and acceptance.



### Manmeet Narang

Life Coach. Communication Mentor.  
Founder-Sailing Leaf and Enso Coaching

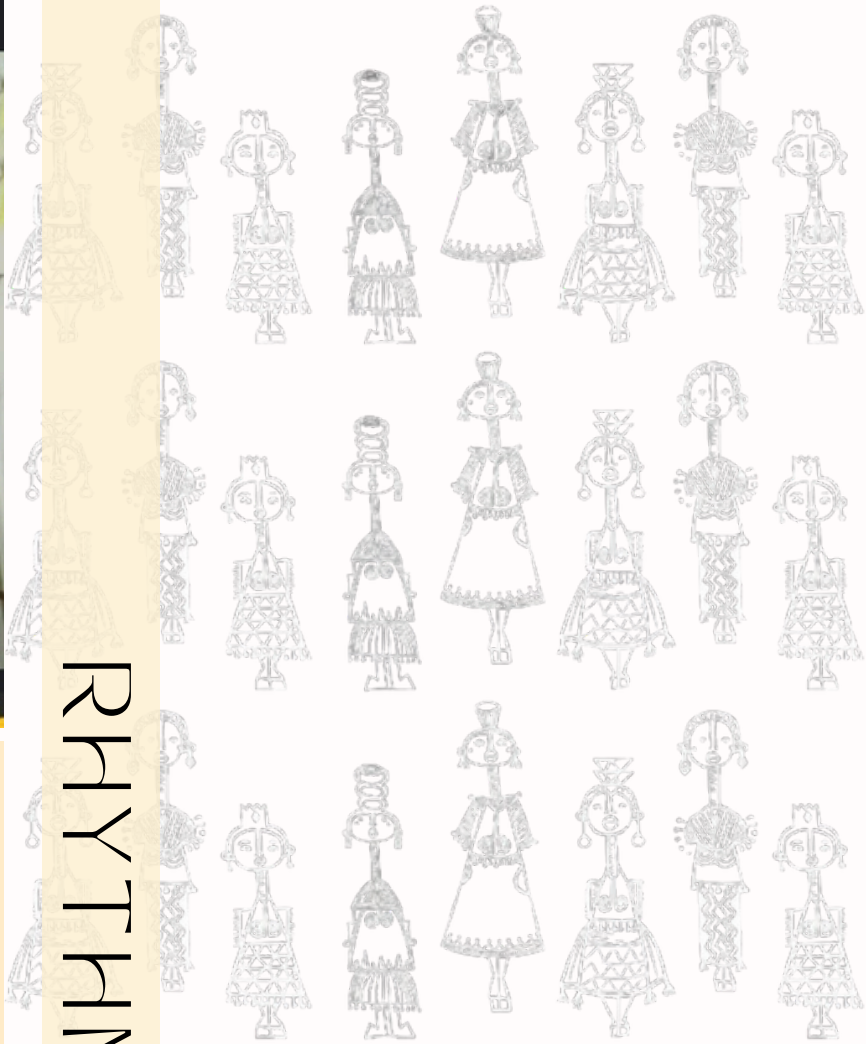
A workshop designed exclusively for Maitri girls



# RHYTHM AND RHYME

The Rhythm & Rhyme sessions with mentor Manmeet Narang were a transformative journey into mindfulness, body awareness, and slow writing. Through creativity, observation, and deep reflection, Maitri girls explored the power of words to express, heal, and reconnect with themselves in ways never imagined.

***“These sessions changed my perspectives on writing and self-love. I connected deeply with my thoughts, my body, and my emotions. Writing became a beautiful release, helping me feel lighter, more observant, and truly in tune with who I am” - Prerna***



# EVENTS & COMPETITIONS

## INK & INSPIRATION

Maitri organized a creative writing competition to encourage self-expression and enhance writing skills among community girls. Participants reflected on exams, self-love, their fears and dreams through thoughtful storytelling



Maitri  
Congratulates!

the winners of writing contest

English	Hindi
Babli Saloni Bhati Shristi Choudhary	Saloni Jiya Kumari Yukti Sharma

Winners will be felicitated in Maitri's physical meet with exciting prizes

*Proud of you girls!  
Keep growing*

A vibrant community of girls raising each other on courage and shared aspirations

and sharing of personal journeys through original poetry and essays in English and Hindi.

The competition saw heartfelt entries filled with emotion, strength, and creativity. It boosted confidence, helped girls articulate their experiences better, and revealed the power of their voices



WOMEN'S INDIAN CHAMBER OF COMMERCE AND INDUSTRY  
in collaboration with

MAITRI  
BEYOND THE BOX  
artopia

presents

### Republic Wish Tree Event

An Interactive session to explore and share themes and visions for NEW INDIA

- Fun Ice - Breaker Activity
- LIVE Virtual Wish Tree
- Inspiring Storytelling

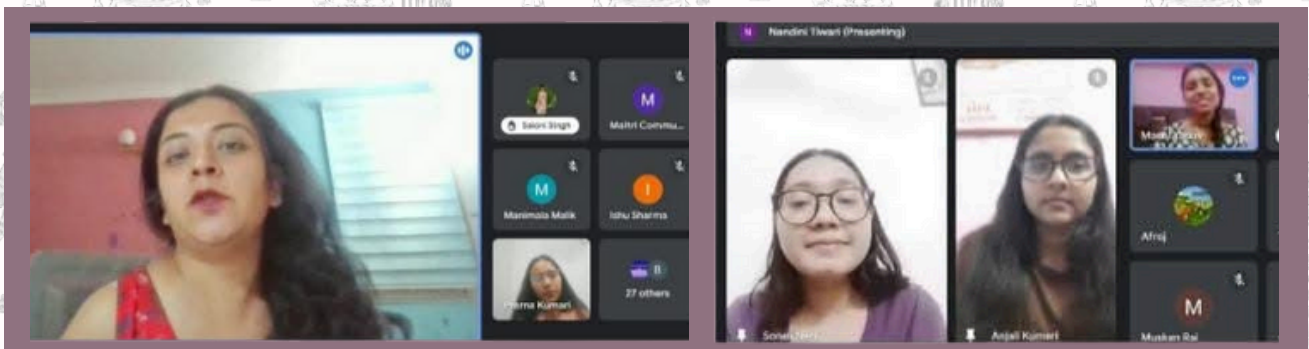
Date - 26th January 2025  
Time- 5.00 - 6.00 PM  
Age group- 8 - 18 years  
Online- Google Meet

**Free Event | Mandatory Registration**  
For enquiries and registration drop mail at

## VOICES OF YOUTH

Maitri proudly partnered in a vibrant Republic Day celebration featuring LIVE storytelling and a unique Wish Tree creation. 15 enthusiastic Maitri girls represented the community, engaged with artists and youth from across India, and celebrated culture through creativity, connection, and shared experiences. The event was a partnership with leading platform Beyond the Box.

# WOMEN'S DAY

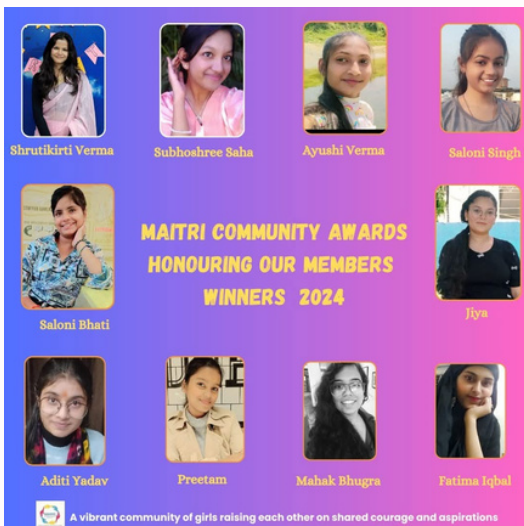


Like last year, this time too, Maitri organised an online women's day celebration to honour, appreciate and celebrate the lovely women around us. From our mothers to our mentors to Maitri's own role models, everyone joined for an evening which not only created a safe space but also made us believe that unity means strength. There was pride in the eyes of mothers and confidence in the voice of our role models, while our mentors expanded the girls' horizons and reinforced their commitment for the community.

# MAITRI'S STARS



## Maitri's Community AWARDS



### A Community's Choice: Honouring Maitri's Stars

At Maitri, we believe in celebrating the spirit of sisterhood, support, and selfless contribution. Our Maitri Stars Awards 2024 were a heartfelt tribute to the members who went above and beyond—uplifting others, staying active, and nurturing this beautiful community with love and dedication.

These awards were not just recognitions—they were reminders of how each small act of kindness, guidance, and encouragement keeps Maitri glowing. And while we celebrate a few today, let's not forget—every Maitri girl holds her own light. Every member is a star in this ever-growing constellation. ✨

## Celebrating some of our stars this quarter– Sakshi Pandey



- Secured 1st position in a solo singing competition at school.
- Achieved 3rd position in a school-level group song competition.
- Participated and won 3rd position in a cultural competition.
- Awarded with a certificate and two medals for outstanding performances.

## Jiya Kumari

- 1st Position in Slogan Writing Competition (Zonal Level, School).
- 3rd Position in Basic Computer Class (NIIT Foundation).
- 1st Position in Slogan Writing Competition on the topic Swachhta (School Level).
- Honored with the Creative Genius Member 2024 Award by Maitri.



## Saloni Singh



- Secured 1st position in the class with an impressive score of 87.2%.
- Won the writing competition in Maitri.
- Got the opportunity to participate in a run under the guidance of Asian Gold Medalist Sunita Godara.
- Anchored the school annual function and received wonderful compliments

## Yukti

- Secured third position in 11th standard from commerce stream.
- Performed in the Asia biggest ramlila which took place at Red fort in classical dance and many characters with many actors.
- Gave speech in the parliament House in front of many politicians and lok sabha speaker.
- Secured third position in Maitri's writing competition.





From milestones to meaningful moments, this quarter celebrates how far we've come—fueled by collaboration, creativity, and the growing spirit of Maitri .

THE ABOVE PAGE AND THE FRONT PAGE OF THIS REPORT ARE INSPIRED BY THE ONLINE ART EXHIBITION SPOTLIGHTING WORK OF OUR ARTISTS HELD ON THE INSTAGRAM HANDLE OF FAMOUS ART SCHOOL ARTISANA.